

<u>Pennyhooks Farm Individualised Pathway for People with Autism Spectrum Conditions</u>	<u>Potential Social & Personal Impacts of Autism Spectrum Conditions</u>	<u>Supportive Responses -including OCN & / C & G courses (3-6 years training usually)</u>	<u>Outcomes for Adult Life – Potential for employment in Workshops &/ or Farm / Shop / Cafe</u>
1. High Anxiety	Fear, inaction, avoidance, distress	Daily & seasonal Farm, Garden & Domestic routines used to create predictability	Acceptance of & participation in work patterns & timetable
2. Movement Patterns	Difficulty in control of body eg Perseveration (getting stuck) ; Stopping; Starting; Flapping Shouting, Running & other mannerisms	Activities adapted & space used to suit individual movement needs. Lots of practice given to build up work skills as part of Course work. Cues developed to help trigger constructive movement	Establishment of useful movement patterns eg to collect/ stack logs, roll/ spread straw bales. Culminates in participation in farm jobs, in use of tools, & development of woodwork/ rural craft/ other work skills.
3. Sensory Sensitivity	Discomfort, fear, distraction and even pain experienced unpredictably through sensory overload	Stimuli lessened wherever possible. Calmness created- attention to volume, smell, brightness, busy visual patterns	Establishment of an ability to focus on and take part in work processes without distraction
4. Communication and Social Interaction	Difficulty in processing others communication & difficulty in responding appropriately (eg non / minimally verbal ; echolalic)	Work activities modelled practically & asocially Clear minimal use of words/ phrases linked to practical meaning. Appropriate learning & feedback thro photos/ worksheets for Courses.	Learning of work vocabulary & instructions eg push, lift, fill Capacity to participate in work increased
5. Social Understanding	Inadequate social responses thro difficulty in understanding of relationships	Individuals supported to become members of a community through experiencing help from others (staff & students)	Acceptance of others as constructive part of each others lives. Creation of ability to work contribute / in a team
6. Organisation of Life	Individuals appear aimless in personal direction.	Meaningful & interesting coursework/ practice of routines as part of day	Going to work becomes an accepted & enjoyable part of life

